#### MENTAL HEALTH ADDICTIONS AND ADVISORY COUNCIL

### **MINUTES**

## **January 26, 2010**

**ATTENDANCE:** Deborah Blackwell, Mary-Claire Brett, Judge Mimi Cooper, Sheryl Deares, Elwood DeHaven, Dave Ennis, Fred Hatem, Beth Jones, Kate Kansler, Robin Keener, Diane Lutz, Patrick M. McCracken, Christin Rocha, Joe Ryan, Thomas Ryan, Tracy Schafer, Lorraine Upton, and Linda Williams.

## **Fred Hatem** chaired the meeting.

The minutes from the meeting of November 24, 2009 were reviewed and after corrections were submitted to the council motioned for approval.

**Fred Hatem** noted his apologies for being unavailable throughout the past weeks.

**Judge Mimi Cooper** states she would report for OMH. The OMH submitted the FY 11 Strategic Plan to the board and the plan was accepted. Areas in the plan which were identified as weak include emphasis of adults, senior citizens, veterans, and preschoolers who have a mental illness. The budget was submitted for review, and the audit went well. The media campaign deals with the suicide prevention in schools.

**Tracy Schafer** states another budget reduction has occurred. **Tracy Schafer** introduced **Dave Ennis** as the Regional Coordinator for the ADAA. The HOPE Project Update reports that changes have occurred and the capacity of clients has doubled. **Robin Keener** states that a strong community and partnerships are important.

**Tracy Schafer** states the strategic plan FY 10-11 is a draft, to please review, and give your input. **Dave Ennis** described ROSC as walking a person through a system. **Judge Mimi Cooper** inquired about the Recovery Coach job position and who would fill those positions; **Tracy Schafer** states that ideally those positions would be filled by those who have had intimate experience with the system, e.g., experienced the recovery model first hand as a patient.

**Fred Hatem** asks if the ROSC model will be universal among the addiction treatment world. Dave Ennis states each jurisdiction will decide how they want to conduct their recovery approach but that each jurisdiction will be required to develop a ROSC model.

**Judge Mimi Cooper** states that the mentoring part of the program might become a problem (Recovery Coach). **Judge Mimi Cooper** states she would be interested in helping.

**Tracy Schafer states** that the HOPE Project is an encapsulated example of the ROSC model.

**Joe Ryan** reports that the ODCP is working with parents and the PTA's for after prom celebrations. ODCP conducts drug and alcohol presentations in 9<sup>th</sup> grade health class. School assemblies for seniors and juniors are being conducted about underage drinking. Compliance checks are being conducted and media campaigns are conducted through advertisements. Social Norming will be conducted at John Carroll and Edgewood High School. The Town Hall meeting will be held during the week of March 22.

**Joe Ryan** states that drug prevention is scheduled for June 23 at Patterson Mill High School. A resource fair is scheduled for Tuesday, September 14, 2010 at the Richlin Ballroom. Anger Management and Errors in Thinking is offered every Tuesday at the new location, 125 N. Main Street. The All Star's Program is being conducted at 2 after school programs in Edgewood. G.R.E.A.T. program is being conducted at 6 elementary schools in Joppatown, Edgewood, and Aberdeen. FACE-IT is a faith based community coalition doing drug and alcohol prevention projects around the county.

**Fred Hatem** states that Rev. Jesse Bolger could not attend the meeting but states that St. Margaret's Church offers addictions and support programs.

**Joe Ryan** states with alternative education and anger management, certain schools has been working with certain children and has shown improvement. On March 12, Mark Puckett and **Joe Ryan** will meet with Cecil County officials to offer assistance. The Department of Education will not be conducting the MD Adolescent Survey.

**Dave Ennis** states that the surveys will only use needed information from county to county.

**Joe Ryan** discusses the drug courts operating in the county. The pending grants include Drug Prevention from Alcohol and Drug Abuse Administration, CSAFE initiative from GOCCP, funding from Department of Juvenile Services for Juvenile Drug Court, Underage Drinking Initiative funding from GOCCP, funding from the Highway Safety for DUI Court, Drug Free Community Grant from SAMHSA, and Office of Problem Solving Courts.

**Linda Williams** states that Addictions Connections Resource has been around for 9 years and is nonprofit and supports holistic treatment. ACR serves 100 people per year and works with halfway houses and gives intensive outpatient for 6 months. All ACR's clients are homeless. ACR has many partnerships, and support groups have grown. ACR is having trouble receiving funding and they are losing clients due to the smoking laws. ACR has helped many clients and is doing well.

**Judge Mimi Cooper** states that addressing just one issue of an addict isn't all productive, it takes addressing the whole person to make addiction treatment productive. **Dave Ennis** states that the long term goals of the person need to be looked at.

**Christin Rocha** states that a high rise of relapses have occurred due to the price of medication. Senior citizens have called more because of alcohol addiction.

**Dave Ennis** stated as of January 1 the PAC Program has been expanded to cover substance abuse.

**Fred Hatem** states he will be stepping down as Chairman and with council's approval would promote **Robin Keener** to Chairman effective at the March meeting. At the March meeting, the committee will discuss the possibility of a succession of members for the council.

The council motioned for approval for Robin Keener to become Chairman effective at the March meeting and for the committee to make a proposal to the council for a succession of members.

# Adjournment